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## KENYA RUGBY FOOTBALL UNION NEWSLETTER.

SEPTEMBER ISSUE

## IMPALA ARE THE NEW KENYA CUP CHAMPIONS

### Content:

- \* Kenya Cup (Final Day)
- \* Final Kenya Cup Standings
- \* Enterprise Cup
- \* Mwamba Cup
- \* No more Tusker
- \* Nakuru fans banned
- \* Laws of the game
- \* Upcoming international fixtures
- \* Pictorial
- \* Final leg for 7s to be in the Olym-

### IRB WORLD STANDINGS

PARAGUAY	—	37
LITHUANIA	—	38
IVORY COAST	↑	39(40)
MOLDOVA	↑	40(41)
UGANDA	↑	41(43)
<b>KENYA</b>	↓	<b>42(39)</b>
CROATIA	↓	43(42)

Match day 14::Grand Finale

Venues:  
 -RFUEA GROUNDS  
 -NAKURU GROUNDS

Impala RFC had not won the Kenya Cup title since 2004 but this was their year. Ten points from their ever reliable Moses Kola and a late drop goal from Peter Ocholla helped

Impala RFC reclaim the Kenya Cup title with a 13-5 victory over the former champions and Ngong arch-rivals Kenya Harlequins FC. Despite Victor Oduor's unconverted try, Impala managed to hang on to win the game and the Cup. This was Bill Githinji's 5th Kenya Cup league title.

In the other Kenya Cup games, Mwamba was up against Mean Machine while Nondies hosted Strathmore. With all these teams not being in contention for the title, pride was all that was at stake.

In an earlier kick off, Mean Machine rallied from behind to upset Mwamba 39-32 after the students scored two injury time tries to run away with

Going into the last day of the league in second place, KCB RFC had a realistic chance of winning the Kenya Cup but only if they managed to win their game against Nakuru RFC with a bonus point and Impala RFC had to lose or win their respective game without getting a bonus point.

So close yet so far is all that can be said about KCB RFC and their chance of winning the Kenya Cup. They managed to beat Nakuru RFC even though the game was dead locked at 0-0 when the half time whistle went. In the second half, Ronnie Mwenesi and

Andrew Amonde put the Lions on course to a historic victory that would crown them the new champions. Peter Mutai successfully converted both tries to make the scores 14-0. The bonus point was the only thing they needed but it never came. Nakuru RFC came back with a converted try making the final scores 14-7 to KCB but not enough to win the Cup. KCB ended the season with an unbeaten away record. What a grand finale to the season, what will the Enterprise have to offer, we will wait and see.

**Info courtesy of Mike Kwambo.**

the second last position in the league ahead of Strathmore. A penalty try and a try from Brian Otieno at the blow of the whistle meant five consecutive defeats for the black shirts who have focused all their attention on the upcoming Enterprise Cup.

Meanwhile, Nondies survived an early scare from Strathmore to scrape a narrow 33-32 victory.

Stand-in captain Bobby Oyugi led from the front with a superb brace that was complimented with a try by young fly half Alex Mutune.

Now all teams will shift their focus to the Enterprise Cup. Results will be available from kenyarfu.com or Kenya Rugby Football Union group on facebook.

# As at 26th Sept Leg 14



Impala RFC

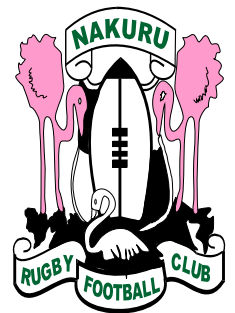


## KENYA CUP STANDINGS



HARLEQUINS

TEAM	PLAYED	W	D	L	POINTS
<b>IMPALA</b>	<b>14</b>	<b>11</b>	<b>0</b>	<b>3</b>	<b>50</b>
KCB	14	10	0	4	49
QUINS	14	8	0	6	41
NAKURU	14	8	1	5	40
MWAMBA	14	6	0	8	31
NONDIES	14	6	0	8	31
MACHINE	14	3	2	9	19
STRATH	14	2	1	11	15

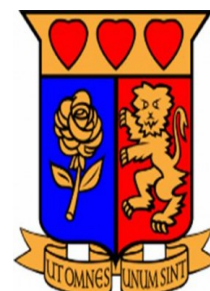


The last time  
Impala RFC won  
the Kenya Cup  
title was in the  
year 2004



## KENYA CUP RESULTS

<b>QUINS 5</b>	<b>IMPALA 13</b>
NAKURU 7	KCB 14
NONDIES 33	STRATH 32
MACHINE 38	MWAMBA 30





## As at 26th Sept Leg 14

### KENYA CUP TOP POINT SCORERS

	NAME	TEAM	TRY	CON	PEN	D.K	POINTS
1.	TITO ODUK	MWAMBA	0	13	17	0	77
2.	KEN ANDOLA	STRATH	0	7	12	1	53
3.	HORACE OTIENO	MWAMBA	10	0	0	0	50
4.	PETER MUTAI	KCB	1	8	8	1	48
5.	BIKO ADEMA	NONDIES	5	7	2	0	45
6.	SIMON WARIUKI	NAKURU	1	5	4	4	39
7.	EDWIN KIPRONO	KCB	1	12	3	0	38
8.	MOSES KOLA	IMPALA	1	7	6	0	37
9.	SIDNEY ASHIOYA	HARLEQUINS	7	0	0	0	35
10.	JOHN AHENDA	MWAMBA	7	0	0	0	35

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**Horace Otieno**  
finishes the  
Kenya Cup  
campaign with a  
good 10 tries to  
his name

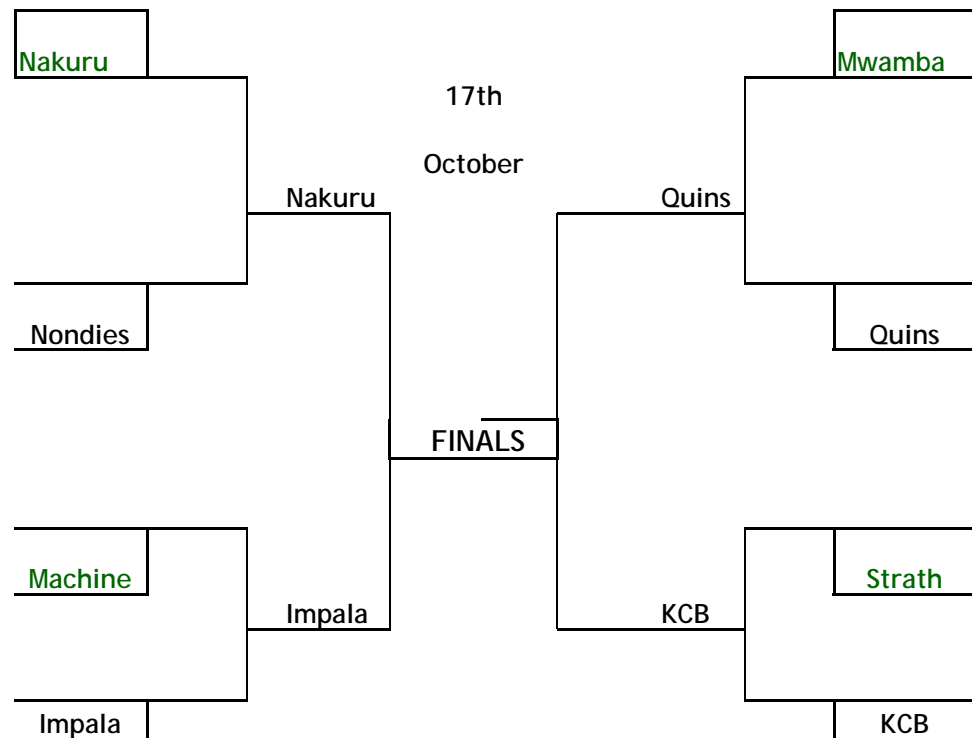
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### KENYA CUP TOP TRY SCORERS

	NAME	TEAM	TRY	POINTS
1.	HORACE OTIENO	MWAMBA	10	50
2.	SIDNEY ASHIOYA	HARLEQUINS	7	35
3.	JOHN AHENDA	MWAMBA	7	35
4.	HILLARY ITELA	NONDIES	6	30
5.	HUMPHERY KAYANGE	MWAMBA	6	30
6.	BIKO ADEMA	NONDIES	5	25
7.	DAVID GITAU	HARLEQUINS	5	25
8.	FELIX AYANGE	STRATH	5	25
9.	CHARLES KANYI	NONDIES	4	20
10.	PETER ABUOGA	HARLEQUINS	4	20

## ENTERPRISE CUP 2009

3rd October                      10th October                      10th October                      3rd October



Nakuru fans will be locked out for two matches due to rowdy behavior during their away Kenya Cup match against Impala a fortnight ago

For the Quarter-Finals, the home teams were placed on top in green

8 teams were put in the draw

- Impala
- Strathmore
- Harlequins
- Mean Machine
- KCB
- Nondies
- Nakuru (seeded team)
- Mwamba(seeded team)

Note: The 2008 finalists were seeded and had a bye to the quarterfinals.

The other 6 teams were drawn from a basket randomly.

### Enterprise Cup Semi-Finals

Game Day: **10th October**

- Nakuru vs Impala
- Harlequins vs KCB

### Enterprise Cup Quarter-Final

#### Results

- Nakuru 24      Nondies 5
- Machine 12      Impala 19
- Mwamba 13      Quins 36
- Strath 7      KCB 41



## MWAMBA CUP

26th Sept                      3rd October                      10th October                      10th October                      3rd October                      26th Sept  
 pre - quarters                      quarter finals                      semi finals                      semi finals                      quarter finals                      pre - quarters



For the Quarter-Finals, the home team were placed on top in blue

10 teams in the draw

-Nakuru II

-Strathmore II

-Kisumu

-Mean machine II

-Mombasa

-Nondies II

-JKUAT

-USIU

-Quins II (seeded team)

-KCB II (seeded team)

Note: The 2008 finalists/semi-finalists were seeded and had a bye to the quarterfinals.

The other teams were drawn from a basket

randomly

### Mwamba Cup Quarter-Final

#### Results

-Quins II 45      Blakblad 3

-Impala II 20      JKUAT 15

-KCB 10      Strath II 5

-Mwamba II 20      Kisumu 24

### Mwamba Cup Semi-Finals

Game Day: **10th October**

-Quins II vs Impala II

-KCB II vs Kisumu

## TUSKER ARE OFFICIALLY GONE

“East African Breweries Limited, through their Tusker brand, have terminated their title sponsorship deal with the Safari Sevens rugby tournament, ending one of the longest lasting associations between a corporate body and a sporting event in Kenya.

EABL marketing director Debra Mallowah, in a letter to Kenya Rugby Limited chairman Richard Omwela, quoted Section 6.3 of the contract that allowed for either party to pull out of the agreement.

The beer firm’s letter follows an earlier one written to them by the Kenya Rugby Football Union saying sponsorship of the Safari Sevens had to go hand in hand with that of the Elgon Cup.

The Union had not taken kindly EABL abrupt pullout from the annual Elgon Cup in August.” from nation.com

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“We have had our ups and downs with Tusker but it has been a good association; a win-win for all, but life must go on. We have eight months to look for a new title sponsor and must cast our net wider,” Richard Omwela KRFU, Chairman

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## NAKURU FANS BANNED

Wanyore fans have been locked out for two matches after KRFU’s disciplinary committee ruled they were rowdy during their away Kenya Cup match against Impala a fortnight ago.

“It’s upon Nakuru RFC management to enforce the directive, failure to which we shall either take disciplinary action against the club or ban them from hosting rugby matches,” said KRFU General Manager Auka Gacheo.

This is disappointing news for the growth of rugby in Kenya and Nakuru in particular but despite the move, Nakuru RFC’s head coach Jotham Owili said they were ready to defend the title against Nondescripts, adding that the mood in training was upbeat upon the return of prop Nores Serer from injury. Nondies have however been on the upswing, having not lost in four of their Kenya Cup finals.

## LAWS OF THE GAME— PENALTY

In rugby, the **penalty** is the main disciplinary sanction available to the referee to penalise players who commit deliberate infringements. The team who did not commit the infringement are given possession of the ball and may either kick it towards touch (in which case the ball back rule is waived), attempt a place kick at goal, or tap the ball with their foot and run it (gwara).

Penalties may be awarded for some of offences listed:-

- Failing to release the ball after being tackled, or the tackling player failing to release the tackled player.
- Entering a ruck or maul from the side.

- Deliberately collapsing a scrum or illegally collapsing a maul
- Scrum infringements: not binding properly on an opponent (for prop forwards) or a team-mate (for other players); leaving the scrum before the ball has emerged from it; not pushing straight against the opposing pack.
- Being offside and not making an effort to move to an onside position.
- Tackling infringements: a high tackle, tackling a player in the air or a player holding a team-mate off the ground; or tackling without trying to grasp the ball-carrier and

- bring him to ground
- Violent or foul play: punching, elbowing, kicking, head butting, tripping and so forth.
- Throwing or knocking the ball forwards, or out of play in any direction.
- Tackling or holding an opponent who is not in possession of the ball.
- Obstructing an opponent from tackling the ball-carrier (crossing).
- Not retreating ten metres at a penalty, to name a few.

Any other action the referee considers to be "contrary to good sportsmanship" (such as throwing the ball away while play is stopped in order to prevent a prompt restart, especially if time is close to expiring).



## UPCOMING INTERNATIONAL FIXTURES

FIXTURE	VENUE	DATE
• Dubai Sevens Series	Dubai	4th -5th December
• South Africa Sevens Series	George	11th-12th December
• New Zealand Sevens Series	Wellington	5th-6th February
• USA Sevens Series	Las Vegas	13th-14th February
• Australia Sevens Series	Adelaide	20th-21st March
• Hong Kong Sevens Series	Cathay Pacific	26th-28th March
• England Sevens Series	London	22nd-23rd May
• Scotland Sevens Series	Edinburgh	29th-30th May
• Commonwealth Games 2010	New Delhi, India	3rd-14th October

## PICTORIAL



Kenya 7s skipper Humphrey Kayange with the Webb Ellis Cup in Copenhagen, Denmark.



Impala RFC, the new Kenya Cup Champions



## Cast your vote in Support for Sevens in 2016 Olympics

“The global Rugby family faces a last few pivotal days in the run-up to the IOC vote in Copenhagen on **9 October**, when it will be decided whether Sevens is to be admitted to the 2016 Olympic Games.

Leading figures from the International Rugby Board are in Copenhagen to present to the IOC ahead of the vote along with members of their bid team, including former Argentina 15s and Sevens captain Agustin Pichot, **Kenya Sevens captain Humphrey Kayange**, Sevens World Cup-winning Wallaroo Cheryl Soon, Kazakhstan Sevens star Anastassiya Khamova and one of the true modern legends of the game, Jonah Lomu.

As part of its final push, the IRB is urging the global rugby family to get behind the campaign and register its support in a poll running on online Olympic publication [insidethegames.biz](http://insidethegames.biz).

The IRB Sevens World Series has proved a compelling shop window for the Sevens game over the past 10 years and in recent times Rugby's only true World Series has attracted record broadcast and attendance figures.

The game has also already proved a massive hit at various multisport games around the world and, with the potential of now being played on the world of sport's biggest stage, the Olympic Games, the game's top stars have made it clear that they would play for the honour of calling themselves Olympians.

Within rugby circles, Sevens is seen as the perfect fit for the Olympics, with its guaranteed skill, pace and excitement delivered within the window of just two or three days, and in the men's and women's game.

The sport also offers genuine opportunities to nations who have never before won an Olympic medal, such as Fiji and Samoa, as well as other countries not often near the top of the Games medals table such as South Africa (the current World Series champions), New Zealand (eight-time World Series champions, three-time Commonwealth champions), Kenya and Argentina.

"I don't think people realise yet how big this could be for rugby," said IRB Chief Executive, Mike Miller.

"The Olympic Games is the biggest stage in the world for sport .. it would be massive for the game.

"This could be a huge decision for rugby." -IRB.com

(Watch Rugby Sevens New Reaching Out Film “[http://www.irb.com/mm/Video/Home/0/IRB02\\_512x288\\_500kbits\\_8444.wmv](http://www.irb.com/mm/Video/Home/0/IRB02_512x288_500kbits_8444.wmv)”)

**Thank you for all the feedback regarding the newsletter. It was really appreciated and all suggestions were put into consideration. Any other comments or suggestions will be welcomed. Feel free to contact the Union with your feedback.**

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